

THE DAILY PARENT

HINTS AND HELPERS FOR ALL

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WHAT TYPE OF PARENT ARE YOU....TODAY??



BRONZE (Prenatal First timers...)

This is an exciting time for you! This may be your first holiday season with your addition! Enjoy this special time and capture all the "first moments" you can. They go by really fast.

If your bundle of joy has arrived, please be sure to bundle them up during these cold days and nights.

If you are taking baby out, it is imperative that you cover the head and feet very well.

As you know, body heat escapes from these areas and we don't want the bundle of joy to get a chill.

SILVER (Ready...Set...Juggle!)

Christmas Lists are now added to Mommy Do Lists??

Will my lists ever stop growing?
Maybe...maybe not.

The question is how do we complete new lists in addition to current ones?

Suggestion: Use a pocket calendar to list the item on the date you would like the item completed by - pad it by 1 or 2 days.

Prioritize your actions by item date and this will prevent you from becoming overwhelmed. Never take it on all at once!

Make one goal at a time, when that goal is completed, you will feel accomplished. Anything additional you complete will be a bonus!



GOLD (Been there done that...!)

This is a good time to start purging your files and making room for 2010. There is no rule on what you must purge - 6 months, 1 year...it's completely up to you. Just purge something...anything so you can make room for 2010!

Tax season is here for some...and around the corner for others. How do you organize all the info that you will start to receive? Grab a color folder and label it TAX INFO 2010. As you receive tax receipts, statements, etc. place them in that folder. Sort at your leisure with paperclips by home, payroll, etc. When you are ready to prepare your taxes BEFORE April 2010, you will have everything in one place.

Your accountant will love your organization and you will know where everything is!

JUST FOR DADS...



Dads, remember that Christmas season is also "shopping season" and moms will need your support in helping a bit more around the house with the kids and chores while she is out.....that is unless *you* would like to go in her place to the stores, find parking spaces, look for gifts and stand in very long lines.

As always, Moms will be very grateful for any *additional* help you provide during this time. I know this will earn you a "star for the day" so be encouraged! Don't forget that Super Bowl Sunday is Feb 7.... and you will probably want mom to let you go play! Let's remember, do unto others....

Please note that any and all of the above are not endorsed by any medical or legal entity.
These ideas, suggestions and opinions are strictly of the organization.